
	Form No.	Issue Date	Version
	NPD-FRM-004a	12/04/2020	1
	Authorised by	Innovation Manager	Kirsten Zadow
Form Title	FINISHED PRODUCT SPECIFICATION		<i>KZadow</i>


1100459 Fitness Outcomes Sriracha Chicken with Basmati Rice and Broccoli	Spec. version	1.3
	Effective date	6/06/2022

Product Code	1100459		
Product Name	Fitness Outcomes Sriracha Chicken with Basmati Rice and Broccoli		
Product Description	Sriracha Chicken with Basmati Rice & Broccoli 350g		
Packaging Description	Single cavity plastic tray with plastic film lid in a printed cardboard inner. 8 X 350g inners per shipper		
Manufacturing Location & Line	Pakenham, Tray Line 3		
APN/TUN	APN	9354107000373	TUN 19356335001709

Ingredient Listing	Sriracha Chicken Sauce (63%) (Free Range Australian Chicken (34%), Vegetables (23%) (Tomato, Carrot, Onion, Capsicum), Tomato Paste, Soy Sauce, Corn Flour, Garlic, Herbs, Salt, Ginger, Sugar, Paprika Oleoresin, Olive Oil, Apple Cider Vinegar, Chili Flakes), Cooked Basmati Rice (28%) (Water, Basmati Rice (14%)), Broccoli (9%).
Product Claims	NO ADDED ARTIFICIAL PRESERVATIVES FREE RANGE CHICKEN LOW IN FAT GOOD SOURCE OF PROTEIN
Allergen Statement	CONTAINS: SOY. MAY CONTAIN: EGG, FISH, GLUTEN, MILK, PEANUT, SESAME, WHEAT.
Country of Origin	

Nutrition Information					
Contains 1 x 350g serve					
Nutrition Information	Avg Qty Per g Serving		% Daily Intake* (per serving)		Avg Qty Per 100g
Energy	1230	kJ	14	%	350 kJ
	294	kcal			84 kcal
Protein	34.3	g	68	%	9.8 g
Fat, total	7.4	g	10	%	2.1 g
- saturated	1.9	g	8	%	0.6 g
Carbohydrate	18.2	g	6	%	5.2 g
- sugars	5.6	g	7	%	1.6 g
Dietary Fibre, total	3.0	g	10	%	0.8 g
Sodium	760	mg	33	%	219 mg

*Percentage Daily Intakes (%DI) are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.


	Form No.	Issue Date	Version
	NPD-FRM-004a	12/04/2020	1
	Authorised by	Innovation Manager	Kirsten Zadow
Form Title	FINISHED PRODUCT SPECIFICATION		<i>KZadow</i>

1100459 Fitness Outcomes Sriracha Chicken with Basmati Rice and Broccoli	Spec. version	1.3
	Effective date	6/06/2022

Health Star Rating	
--------------------	---

Usage Instructions	
Shelf life	12 months (365 days)
Storage instructions	Storage Instructions: Keep Frozen. Store at or below minus 18°C. Must be heated thoroughly (to at least 75°C) prior to consumption. Consume immediately. Once thawed or heated, do not re freeze or refrigerate
Serving Instructions	<p>MICROWAVE (1100W)</p> <ol style="list-style-type: none"> 1. Peel back one corner of film. 2. Heat on HIGH for 4 MINS then remove and stir. 3. Pop back in for a further 2 MINS. 4. Stir once more and let stand for 1 MIN before eating. <p>Microwaves vary. Times given are approximate. Meal must be cooked thoroughly. Caution: contents and tray will be hot so be careful. Take care when opening.</p>

Contact Information	<p>Fitness Outcomes trademarks are used under licence by Patties Foods Pty Ltd.</p> <p>Proudly cooked by Patties Foods Pty Ltd 28-46 Bald Hill Road Pakenham, VIC, Australia 3810.</p> <p>For further information, consumer comments or questions please call 1800 650 069 (8am till 5pm Monday to Friday excluding public holidays) or email info@patties.com.au</p> <p>Facebook logo FitnessOutcomes Web logo FitnessOutcomes.com.au Instagram logo @FitnessOutcomes</p>
---------------------	---

	Form No.	Issue Date	Version
	NPD-FRM-004a	12/04/2020	1
	Authorised by	Innovation Manager	Kirsten Zadow
Form Title	FINISHED PRODUCT SPECIFICATION		<i>KZadow</i>

1100459 Fitness Outcomes Sriracha Chicken with Basmati Rice and Broccoli	Spec. version	1.3
	Effective date	6/06/2022

Packaging Details

PACKAGING SPECIFICATION					
Old SKU #	1100459	Customer FG #	NA		
New SKU #	1100459	Site Item no.	PKN		
Product Description	Sriracha Chicken with Basmati Rice and Broccoli 8X350G				
Brand	FO				
PRIMARY PRODUCT (eg Pie, Roll....)					
Individual Piece weight	350	g			
RETAIL PACK (eg Selling Item)					
Retail Pack Weight (Product)	350	g			
Primary Products per Retail Pack	1				
Outer (Corrugated carton)					
Outer Weight (Product) NET	2.80	Kg			
Gross Outer Weight (Product+Packaging)	3.60	Kg			
Retail Packs per Outer	8				
Individual Piece per Outer	8				
Outer Configuration (H x L x W)	4	x	2	x	1
PRIMARY PACK Dimensions (mm)					
Wrap	NA	x	NA		
Inner Carton					
Internal Dimensions	NA	x	NA	x	NA
External Dimensions	140	x	191	x	47
OUTER Dimensions (mm)					
Internal Dimensions	278	x	191	x	197
External Dimensions	290	x	197	x	203
PALLET AUS					
Outers Per Layer	21		Layers Per Pallet		5
Outers Per Pallet	105		Pallet Pattern		21S2
Pallet Dimensions (mm) (L x W x H)	1165	x	1165	x	1200
PALLET (others, e.g. export)					
Outers Per Layer	NA		Layers Per Pallet		NA
Outers Per Pallet	0		Pallet Pattern		NA
Pallet Dimensions (mm) (L x W x H)	NA	x	NA	x	NA
	AUS		Other		
Pallet NET weight kg	280		0		
Pallet Gross weight kg	405		0		
BARCODES					
	APN (Retail Pack)		9354107000373		
	TUN (Outer)		19356335001709		
Pack Part # Inner/Wrap/Sleeve	4004797				
Pack Part # Outer	4004452				
Issue Date	25/02/2022				