
	Form No.	Issue Date	Version
	NPD-FRM-004a	12/04/2020	1
	Authorised by	Innovation Manager	Kirsten Zadow
Form Title	FINISHED PRODUCT SPECIFICATION		<i>KZadow</i>

1100458 Fitness Outcomes Beef Bolognese with Wholemeal Spaghetti	Spec. version	1.3
	Effective date	7/10/2022

Product Code	1100458		
Product Name	Fitness Outcomes Beef Bolognese with Wholemeal Spaghetti		
Product Description	Beef Bolognese with Wholemeal Spaghetti 350g		
Packaging Description	Single cavity plastic tray with plastic film lid in a printed cardboard inner. 8 X 350g inners per shipper		
Manufacturing Location & Line	Pakenham, Tray Line 3		
APN/TUN	APN	9354107000359	TUN 19356335001693

Ingredient Listing	Grass Fed Beef Bolognese (71%) (Grass Australian Fed Beef (33%), Tomatoes, Tomato Paste, Water, Onion, Carrot, Celery, Salt, Corn Starch, Brown Sugar, Garlic, Herbs, Olive Oil, Black Pepper) Cooked Wholemeal Spaghetti (29%) (Whole Grain Wheat Flour, Wheat Protein, Egg , Water).
Product Claims	Preservative Free, Grass Fed Beef, Low in Fat, Good Source of Protein
Allergen Statement	CONTAINS: GLUTEN (WHEAT) AND EGG. MAY CONTAIN: MILK, FISH, SOY, SESAME, PEANUTS AND TREE NUTS.
Country of Origin	Made in Australia from at least 74% Australian Ingredients.

Nutrition Information						
Contains 1 x 350g serve						
Nutrition Information	Avg Qty Per g Serving		% Daily Intake* (per serving)		Avg Qty Per 100g	
Energy	1610	kJ	18	%	433	kJ
	385	kcal			110	kcal
Protein	35.0	g	70	%	10.0	g
Fat, total	8.4	g	12	%	2.4	g
- saturated	3.9	g	16	%	1.1	g
Carbohydrate	38.0	g	12	%	10.9	g
- sugars	8.1	g	9	%	2.3	g
Dietary Fibre, total	7.0	g	23	%	2.0	g
Sodium	574	mg	25	%	164	mg
Iron	6.0	mg	50	%	1.7	mg
Zinc	6.0	mg	50	%	2.0	mg
*Percentage Daily Intakes (%DI) are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.						


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Health Star Rating	
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Usage Instructions	
Shelf life	18 months (548 days)
Storage instructions	Storage Instructions: Keep Frozen. Store at or below minus 18°C. Must be heated thoroughly (to at least 75°C) prior to consumption. Consume immediately. Once thawed or heated, do not re freeze or refrigerate
Serving Instructions	MICROWAVE (1100W) 1. Peel back one corner of film. 2. Heat on HIGH for 4 MINS then remove and stir. 3. Pop back in for a further 2 MINS. 4. Stir once more and let stand for 1 MIN before eating. Microwaves vary. Times given are approximate. Meal must be cooked thoroughly. Caution: contents and tray will be hot so be careful. Take care when opening.

Contact Information	Proudly cooked by Patties Foods Pty Ltd. 28-46 Bald Hill Road, Pakenham VIC Australia 3810. For further information, consumer comments or questions please call 1800 650 069 (8am till 5pm Monday to Friday excluding public holidays) or email info@patties.com.au Facebook: FitnessOutcomes FitnessOutcomes.com.au Instagram: @FitnessOutcomes
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Packaging Details					
PACKAGING SPECIFICATION					
SKU Number	1100458	Customer FG #	NA		
Product Description	FO14 GRASS FED BEEF BOLOGNESE W WHOLEMEAL SPAGHETTI 8X350G				
Brand	FO				
PRIMARY PRODUCT (eg Pie, Roll....)					
Individual Piece weight	350		g		
RETAIL PACK (eg Selling Item)					
Retail Pack Weight (Product)	350		g		
Primary Products per Retail Pack	1				
Outer (Corrugated carton)					
Outer Weight (Product) NET	2.80		Kg		
Gross Outer Weight (Product+Packaging)	3.60		Kg		
Retail Packs per Outer	8				
Individual Piece per Outer	8				
Outer Configuration (H x L x W)	4	x	2	x	1
PRIMARY PACK Dimensions (mm)					
	Width		Repeat		
Wrap	NA	x	NA		
Inner Carton					
	Length		Width		Height
Internal Dimensions	NA	x	NA	x	NA
External Dimensions	140	x	191	x	47
OUTER Dimensions (mm)					
	Length		Width		Height
Internal Dimensions	278	x	191	x	197
External Dimensions	291	x	204	x	210
PALLET AUS					
Outers Per Layer	21		Layers Per Pallet		5
Outers Per Pallet	105		Pallet Pattern		21S2
Pallet Dimensions (mm) (L x W x H)	1165	x	1165	x	1200
PALLET (others, e.g. export)					
Outers Per Layer	NA		Layers Per Pallet		NA
Outers Per Pallet	0		Pallet Pattern		NA
Pallet Dimensions (mm) (L x W x H)	NA	x	NA	x	NA
	AUS		Other		
Pallet NET weight kg	378		0		
Pallet Gross weight kg	418		0		
BARCODES					
	APN (Retail Pack)	9354107000359			
	TUN (Outer)	19356335001693			
Pack Part # Inner/Wrap	4004347				
Pack Part # Outer	4004348				
Issue Date	8/02/2021				