	Form No.	Issue Date	Version
	NPD-FRM-004a	12/04/2020	1
	Authorised by	Innovation Manager	Kirsten Zadow
Form Title	FINISHED PRODUCT SPECIFICATION		<i>KZadow</i>


1100456 Fitness Outcomes Portuguese Chicken with Medley of Potato and Broccoli	Spec. version	1.2
	Effective date	7/10/2022

Product Code	1100456		
Product Name	Fitness Outcomes Portuguese Chicken with Sweet Potato and Broccoli		
Product Description	Portuguese Chicken with Sweet Potato and Broccoli 350g		
Packaging Description	Single cavity plastic tray with plastic film lid in a printed cardboard inner. 8 X 350g inners per shipper		
Manufacturing Location & Line	Pakenham, Tray Line 3		
APN/TUN	APN	9354107000342	TUN 19356335001679

Ingredient Listing	Marinated Free Range Chicken (38%) [Free Range Australian Chicken (30%), Water, Garlic, Olive Oil, Brown Sugar, Corn Flour, Spices, Lemon Juice Concentrate, Salt, Herbs, Paprika Oleoresin, Chipotle Powder, Chilli Flakes], Roast Potato Medley (48%) [Roast Potato (Potato, Sunflower Oil), Roast Sweet Potato], Broccoli (14%).
Product Claims	Preservative Free, Free Range Chicken, Low in Fat, Good Source of Protein
Allergen Statement	MAY CONTAIN: MILK, GLUTEN, EGG, FISH, PEANUTS, TREE NUTS, SOY AND SESAME.
Country of Origin	Made in Australia from at least 60% Australian Ingredients.

Nutrition Information						
Contains 1 x 350g serve						
Nutrition Information	Avg Qty Per g Serving	% Daily Intake* (per serving)		Avg Qty Per 100g		
Energy	1470 kJ	17	%	421	kJ	
	353 kcal			101	kcal	
Protein	34.0 g	68	%	9.7	g	
Fat, total	7.0 g	10	%	2.0	g	
- saturated	1.8 g	6	%	0.5	g	
Carbohydrate	34.3 g	11	%	9.8	g	
- sugars	12.3 g	14	%	3.5	g	
Dietary Fibre, total	6.7 g	22	%	1.9	g	
Sodium	487 mg	21	%	139	mg	
*Percentage Daily Intakes (%DI) are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.						


Health Star Rating	
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Usage Instructions	
Shelf life	548 days (18 months)
Storage instructions	Storage Instructions: Keep Frozen. Store at or below minus 18°C. Must be heated thoroughly (to at least 75°C) prior to consumption. Consume immediately. Once thawed or heated, do not re freeze or refrigerate
Serving Instructions	<p>MICROWAVE (1100W)</p> <ol style="list-style-type: none"> 1. Peel back one corner of film. 2. Heat on HIGH for 4 MINS then remove and stir. 3. Pop back in for a further 2 MINS. 4. Stir once more and let stand for 1 MIN before eating. <p>Microwaves vary. Times given are approximate. Meal must be cooked thoroughly. Caution: contents and tray will be hot so be careful. Take care when opening.</p>

Contact Information	<p>Proudly cooked by Patties Foods Pty Ltd. 28-46 Bald Hill Road, Pakenham VIC Australia 3810. For further information, consumer comments or questions please call 1800 650 069 (8am till 5pm Monday to Friday excluding public holidays) or email info@patties.com.au</p> <p>Facebook: FitnessOutcomes FitnessOutcomes.com.au Instagram: @FitnessOutcomes</p>
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Packaging Details

PACKAGING SPECIFICATION					
Old SKU #	1100456	Customer FG #	NA		
New SKU #	1100456	Site	PKN		
Product Description	Portuguese Chicken with Potato Medley and Broccoli 8X350G				
Brand	FO				
PRIMARY PRODUCT (eg Pie, Roll....)					
Individual Piece weight	350	g			
RETAIL PACK (eg Selling Item)					
Retail Pack Weight (Product)	350	g			
Primary Products per Retail Pack	1				
Outer (Corrugated carton)					
Outer Weight (Product) NET	2.80	Kg			
Gross Outer Weight (Product+Packaging)	3.60	Kg			
Retail Packs per Outer	8				
Individual Piece per Outer	8				
Outer Configuration (H x L x W)	4	x	2	x	1
PRIMARY PACK Dimensions (mm)					
	Width		Repeat		
Wrap	NA	x	NA		
Inner Carton					
	Length		Width		Height
Internal Dimensions	NA	x	NA	x	NA
External Dimensions	140	x	191	x	47
OUTER Dimensions (mm)					
	Length		Width		Height
Internal Dimensions	278	x	191	x	197
External Dimensions	291	x	204	x	210
PALLET AUS					
Outers Per Layer	21		Layers Per Pallet		5
Outers Per Pallet	105		Pallet Pattern		21S2
Pallet Dimensions (mm) (L x W x H)	1165	x	1165	x	1200
PALLET (others, e.g. export)					
Outers Per Layer	NA		Layers Per Pallet		NA
Outers Per Pallet	0		Pallet Pattern		NA
Pallet Dimensions (mm) (L x W x H)	NA	x	NA	x	NA
	AUS		Other		
Pallet NET weight kg	294		0		
Pallet Gross weight kg	418		0		
BARCODES					
	APN (Retail Pack)		9354107000342		
	TUN (Outer)		19356335001679		
Pack Part # Inner/Wrap/Sleeve	4004143				
Pack Part # Outer	4004456				
Issue Date	6/05/2021				