

	Form No.	Issue Date	Version
	NPD-FRM-004a	12/04/2020	1
	Authorised by	Innovation Manager	Kirsten Zadow
Form Title	FINISHED PRODUCT SPECIFICATION		<i>KZadow</i>

1100453 Fitness Outcomes Beef Chili Con Carne 350g	Spec. version	1.2
	Effective date	7/10/2022

Product Code	1100453		
Product Name	Fitness Outcomes Beef Chilli Con Carne 350g		
Product Description	Beef Chilli Con Carne with Brown Rice and Green Beans		
Packaging Description	Single cavity plastic tray with plastic film lid in a printed cardboard inner. 8 X 350g inners per shipper		
Manufacturing Location & Line	Pakenham, Tray Line 3		
APN/TUN	APN	9354107000335	TUN 19356335001648

Ingredient Listing	Grass Fed Beef Chilli Con Carne (61%) (Grass Fed Australian Beef (32%), Tomatoes, Red Kidney Beans, Water, Onion, Red and Green Capsicum, Tomato Paste, Spices, Salt, Garlic, Corn Flour, Jalapeno Chilli, Olive Oil, Herbs, Paprika Oleoresin, Black Pepper, Chilli Flakes), Cooked Brown Rice (24%) (Water, Brown Rice (12%)), Green Beans (15%).
Product Claims	Preservative Free, Grass Fed Beef, Low in Fat, Good Source of Protein
Allergen Statement	MAY CONTAIN: MILK, GLUTEN, EGG, FISH, PEANUTS, TREE NUTS, SOY AND SESAME.
Country of Origin	

Nutrition Information							
	Contains 1 x 350g serve						
	Nutrition Information	Avg Qty Per g Serving		% Daily Intake* (per serving)		Avg Qty Per 100g	
	Energy	1730	kJ	20	%	493	kJ
		413	kcal			118	kcal
	Protein	34.6	g	69	%	9.9	g
	Fat, total	9.1	g	13	%	2.6	g
	- saturated	3.5	g	12	%	1.0	g
	Carbohydrate	43.4	g	14	%	12.4	g
	- sugars	4.2	g	5	%	1.2	g
	Dietary Fibre, total	7.7	g	26	%	2.2	g
	Sodium	529	mg	23	%	151	mg
	Iron	5.3	mg	44	%	1.5	mg
	Zinc	6.7	mg	55	%	1.9	mg
*Percentage Daily Intakes (%DI) are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.							


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Health Star Rating	
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Usage Instructions	
Shelf life	548 days (18 months)
Storage instructions	Storage Instructions: Keep Frozen. Store at or below minus 18°C. Must be heated thoroughly (to at least 75°C) prior to consumption. Consume immediately. Once thawed or heated, do not re freeze or refrigerate
Serving Instructions	MICROWAVE (1100W) 1. Peel back one corner of film. 2. Heat on HIGH for 4 MINS then remove and stir. 3. Pop back in for a further 2 MINS. 4. Stir once more and let stand for 1 MIN before eating. Microwaves vary. Times given are approximate. Meal must be cooked thoroughly. Caution: contents and tray will be hot so be careful. Take care when opening.

Contact Information	<p>Fitness Outcomes trademarks are used under licence by Patties Foods Pty Ltd</p> <p>Proudly cooked by Patties Foods Pty Ltd. 28-46 Bald Hill Road, Pakenham VIC Australia 3810. For further information, consumer comments or questions please call 1800 650 069 (8am till 5pm Monday to Friday excluding public holidays) or email info@patties.com.au</p> <p>Facebook: FitnessOutcomes FitnessOutcomes.com.au Instagram: @FitnessOutcomes</p>
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Packaging Details					
PACKAGING SPECIFICATION					
Old SKU #	1100453	Customer FG #	NA		
New SKU #	1100453	Site	PKN		
Product Description	Beef Chilli Con Carne with Brown Rice and Green Beans 8x350g				
Brand	FO				
PRIMARY PRODUCT (eg Pie, Roll....)					
Individual Piece weight	350	g			
RETAIL PACK (eg Selling Item)					
Retail Pack Weight (Product)	350	g			
Primary Products per Retail Pack	1				
Outer (Corrugated carton)					
Outer Weight (Product) NET	2.80	Kg			
Gross Outer Weight (Product+Packaging)	3.60	Kg			
Retail Packs per Outer	8				
Individual Piece per Outer	8				
Outer Configuration (H x L x W)	4	x	2	x	1
PRIMARY PACK Dimensions (mm)					
Wrap	NA	x	NA		
Inner Carton					
Internal Dimensions	NA	x	NA	x	NA
External Dimensions	140	x	191	x	47
OUTER Dimensions (mm)					
Internal Dimensions	278	x	191	x	197
External Dimensions	291	x	204	x	210
PALLET AUS					
Outers Per Layer	21		Layers Per Pallet		5
Outers Per Pallet	105		Pallet Pattern		21S2
Pallet Dimensions (mm) (L x W x H)	1165	x	1165	x	1200
PALLET (others, e.g. export)					
Outers Per Layer	NA		Layers Per Pallet		NA
Outers Per Pallet	0		Pallet Pattern		NA
Pallet Dimensions (mm) (L x W x H)	NA	x	NA	x	NA
	AUS		Other		
Pallet NET weight kg	294		0		
Pallet Gross weight kg	418		0		
BARCODES					
	APN (Retail Pack)		9354107000335		
	TUN (Outer)		19356335001648		
Pack Part # Inner/Wrap/Sleeve	4004337				
Pack Part # Outer	4004450				
Issue Date	6/05/2021				